

# MASTER GLAND

## KEY SYSTEM PRODUCT FOR THE GLANDULAR SYSTEM

### FINDING YOUR NATURAL BALANCE

The glandular and nervous systems work together to regulate all the body's processes, including growth, metabolism, digestion, elimination, menstruation and sleep. This system communicates using chemical messengers called hormones, stimulating reactions that may last from a few hours to several days, and functions best when it has ample stores of minerals, particularly trace minerals. For example, the thyroid gland maintains proper metabolic rates when it has ample iodine. Similarly, the pancreas, which controls blood sugar levels, needs chromium.

### A KEY PRODUCT FOR THE GLANDULAR SYSTEM

Master Gland is the key system product for the glandular system. It contains a superb blend of vitamins, minerals and phytonutrients including antioxidant vitamins A, C and E, combined with generous levels of zinc, manganese, lecithin and pantothenic acid.

Zinc is required for many important processes in the body including normal fertility and reproduction, the maintenance of normal vision, bones, hair, skin and nails, and plays a role in normal metabolism, function of the immune system, and normal cognitive function.

Pantothenic acid (vitamin B5) is required for normal energy-yielding metabolism and contributes to normal mental performance.

Vitamin C is a water soluble vitamin that cannot be stored in the body but is required for many essential functions including normal function of the immune and nervous systems, psychological function, the protection of cells from oxidative stress and a reduction in tiredness and fatigue.

The exclusive Master Gland formula also includes a selection of natural herbs including alfalfa, asparagus, parsley, thyme, kelp leaf, dandelion root, dong quai, eleuthero, schisandra fruit, marshmallow root, uva ursi leaf, black walnut hulls, and lemon bioflavonoids.

Each four capsules contain:		%NRV*
Vitamin A (from beta-carotene)	180 mcg (RE)	23
Vitamin E	19 mg	58
Vitamin C	120 mg	150
Pantothenic acid	48 mg	800
Zinc	12 mg	120
Manganese	2 mg	100
Lecithin	50 mg	—

### INGREDIENTS

Capsule shell (gelatin, water), licorice root (*Glycyrrhiza glabra*), vitamin C, alfalfa aerial parts (*Medicago sativa*), asparagus stem (*Asparagus officinalis*), black walnut hulls (*Juglans nigra*), parsley leaf (*Petroselinum crispum*), potassium citrate, thyme leaf (*Thymus vulgaris*), kelp leaf & stem (*Ascophyllum nodosum*, *Laminaria digitata*), zinc gluconate, dandelion root (*Taraxacum officinale*), eleuthero root (*Eleutherococcus senticosus*), dong quai root (*Angelica sinensis*), lemon bioflavonoid extract, schisandra fruit (*Schisandra chinensis*), marshmallow root (*Althaea officinalis*), uva ursi leaf (*Arctostaphylos uva-ursi*), pantothenic acid, **soy** lecithin, vitamin E, beta-carotene prep., manganese citrate.



**Product Code: 4701** (120 capsules)

Take two capsules with breakfast and two with lunch.

**Allergy advice: contains ingredients derived from soya beans. See ingredients in bold.**

GLANDULAR, GENERAL NUTRITION

*Not suitable for use during pregnancy or by those planning to conceive.*

*Do not exceed the stated recommended daily dosage. Food Supplements should not be used as a substitute for a balanced diet.*

*Always consult your Doctor or Pharmacist before taking food supplements when you are on prescribed medication. All information contained herein is for educational and informational purposes only. It is not intended to diagnose, treat, cure, or prevent any disease.*