

MSM

METHYLSULFONYLMETHANE

Methylsulfonylmethane, or MSM, is a naturally occurring organic form of dietary sulphur.

A MAJOR BUILDING BLOCK

Sulphur is one of the most abundant minerals in the body. It is one of the major building blocks of glycosaminoglycan's which are important structural components in cartilage.

Sulphur is needed by our bodies every day to maintain protein structure and cellular function, replenishing the connections between cells and preserving the molecular framework of connective tissue.

ANTIOXIDANT PROPERTIES

MSM also has antioxidant properties to protect cells from oxidative stress.

Antioxidants are natural substances that stabilise reactive molecules known as 'Free Radicals'. Also, known as 'oxidants', free radicals occur naturally in the body as by-products of natural cell functions, but can also be increased by environmental factors, such as exposure to pollution, smoke, pesticides, chemical cleansers and toxins. Stress can also increase our free radical production, and even some of the good things, like exercise and sunshine can produce unwanted oxidants. Excess free radicals can have a damaging effect on the body's cells.

Ingredients: Methylsulfonylmethane (MSM). Bulking agents; cellulose, maltodextrin, stearic acid, anti-caking agents; silicon dioxide, magnesium stearate. The recommended serving provides 4500mg of methylsulfonylmethane.

Six tablets contain: Methylsulfonylmethane 4500 mg

Take two tablets with a meal three times daily.

Product Code 4059

(90 capsules – 15-day supply).



Do not exceed the stated recommended daily dosage. Food Supplements should not be used as a substitute for a balanced diet.

Always consult your Doctor or Pharmacist before taking food supplements when you are on prescribed medication. All information contained herein is for educational and informational purposes only. It is not intended to diagnose, treat, cure, or prevent any disease.