

Vitamin E 400iu

Antioxidant Vitamin E contributes to the protection of cells from oxidative stress

Lily & Loaf Vitamin E formula includes 'alpha-tocopherol' which has the highest biological activity and is most abundant in the human body. It's a natural form of this fat-soluble antioxidant vitamin and is required for a range of functions including immune support.

Our bodies are constantly battling against free radicals, which are naturally formed by the body when converting food into energy, but our daily environment; pollution, chemicals, stress, sunlight and even exercise; also triggers free radical activity.

Antioxidant vitamin E protects cells from oxidative stress (free radical damage) which has been linked to a number of health conditions. Antioxidants also work to protect the skin from the signs of early ageing helping to defy the appearance of fine lines and wrinkles.

Presented in Vegan Friendly vegetable capsules free from unnecessary chemicals binders or unnatural fillers and created to break down naturally in the stomach to ensure maximum nutrient absorption.

Contains No GMO, gluten, wheat, lactose, soy, added sugar, artificial preservatives, colourings or allergens.

INGREDIENTS

Vitamin E (D-alpha-tocopherol succinate) 400iu (268mg), rice flour. Vegetable cellulose (capsule).

Vitamin E 400iu (268mg)
(D-alpha-tocopherol succinate)

RECOMMENDED USE

Take one capsule daily with a meal.

PRODUCT CODE 2117

Suitable for Vegans

Certified Kosher

Allergen Free

30 CAPSULES (30 Day Supply)



Do not exceed the stated recommended daily dosage. Always consult your Doctor or Pharmacist before taking food supplements, when you are on prescribed medication. Food supplements should not be used as a substitute for a balanced diet.