



# ACTI BIOTIC

Multi Strain Formula

## Probiotic Live Bacteria

Scientific studies suggest that natural, live bacteria (probiotics) form an important part of a healthy daily diet. Probiotics populate the gastrointestinal tract with friendly microbes which work to promote and maintain good intestinal health. Maintaining healthy gut flora helps the body to digest and absorb proteins, and produce B vitamins. It also helps to protect the gut wall and prevents more harmful organisms from becoming established.

The delicate balance of healthy gut flora can be disrupted by several circumstances, including the use of antibiotics, stress, illness and exposure to environmental toxins. Natural live bacteria in the diet can help to maintain the delicate balance of friendly microorganisms in the intestines.

The nine strains in this supplement will replace native bacteria when such levels are low, to contribute to natural functions including the production of B vitamins and vitamin K, immune and digestive support. Each 3ml teaspoon (3g) of Acti Biotic powder provides 3,000,000,000 colony forming units (cfu), in a formula that includes inulin fructo-oligosaccharides, which stimulate the growth of bifidobacteria and other healthy native bacteria in the gut.

Contains pure, naturally fermented bacterial strains, that are antibiotic resistant and stable at room temperature - so no need to refrigerate. These specially cultivated strains are designed to survive the challenges of stomach acid and bile in the human GI tract. Acti Biotic can be used whilst taking antibiotics, and for at least 14 days after completion of an antibiotics course. For those travelling, take Acti Biotic for at least 7 days prior to your journey, continue with recommended dose during travel, and for at least 7 days after travel.



Product Code: 6000

